

Living Sky EMDR Basic Training Program: Participant Agreement 2026

Sidney McGillicky, your trainer, ensures a safe, productive, and welcoming environment. The participant acknowledges having read, understood, and agreed to the following:

- 1) **LMS THINKIFIC:** This training is structured similarly to a graduate course rather than a workshop. Preparation in LMS Thinkific is required upon admission. Thinkific classes will allow for self-enrollment, and instructions for self-enrollment will be provided two weeks prior to the class start date. Trainees are expected to enroll promptly and begin preparing for the class, including addressing all technical concerns. Trainees will have access to the Thinkific course for one year after the training unless a consultation group is scheduled beyond that period. **If you require alternate accessibility to the LMS course materials that may include closed captioning or alternate text please advise Mr. McGillicky via email as soon as possible.** The course will close after the cohort's consultation is completed. Privacy policy related to Thinkific LMS can be accessed here: [Privacy Policy | Thinkific](#). Privacy policy pertaining to Zoom also can be located here: <https://www.zoom.com/en/trust/privacy/privacy-statement/?lang=en-US>
- 2) **FEED BACK PROCESS:** Living Sky EMDR Training is focused on creating a supportive learning experience with feedback that is constructive, immediate, and on-going. Feedback during the training will encourage self-reflection, self-assessment, create learner goal setting, guide skill development, and encourage continuous improvement as EMDR Therapists to extend beyond the basic training. Feedback will be continuous in this training through implementing a combination of self-evaluations reflecting on specific challenges and questions of the standard protocol, peer feedback during practicums & observational feedback from training facilitators, protocol scripts for each phase to be supplied in conjunction with the EMDR fidelity guide, group debriefing of practicum led by a training facilitator, opportunities for questions during lecture, individual & group consultation.
- 3) **ATTENDANCE POLICIES for IN-PERSON & VIRTUAL TRAININGS:**
Living Sky Basic EMDR training program is conducted in person or via Zoom and require attendance and participation in all lectures, supervised practice, and group consultations. Privacy policy pertaining to Zoom also can be located here: <https://www.zoom.com/en/trust/privacy/privacy-statement/?lang=en-US>
Attendance is monitored and recorded. Virtual Zoom meetings requires attendee's camera is turned on. Missing more than 15 minutes will result in no CE credits. Attending all course components is required to meet EMDRIA standards.

Missing any part of the training nullifies the certificate of completion and requires the trainee to retake the training at their own expense. No refunds will be issued. Other situations will be managed individually. Completing the training grants 40 CE credits. Any missed portions must be made up within a year. The training spans 6 days, divided into two parts spaced 4-6 weeks apart. The course requires a total of **50 hours** to complete, which includes **20 hours** of **lecture**, **20 hours** of **supervised practice**, and **10 hours** of group case consultation.

- 4) **APPROPRIATE CAPACITY FOR AFFECT MANAGEMENT:** Memories selected for EMDR reprocessing may be connected to material that could elicit unexpected or intense emotional responses. Trauma themes may be emotionally activating, particularly in lectures, case examples, videos of EMDR sessions, and live practice. By applying for this training, you acknowledge that you possess adequate self-soothing skills to manage potential emotional responses arising from both practice and lecture. Any concerns should be discussed with the trainer prior to registration. I hereby confirm their ability to use these skills effectively throughout training and consultation sessions.
- 5) **PRACITCUUM PARTICPATION:** EMDRIA approved training is experiential, and practicum is necessary requiring participation as both the therapist and the client. Participants are required to practice in the role of the therapist and client during the training under the supervision of an approved consultant and/or basic trainer. Please consult with the trainer, Mr. McGillicky, with any concerns pertaining to practicum requirements.
- 6) **COOPERATION AND PARTICIPATION:** A safe and supportive environment is crucial for training success. Participants must act professionally, safely, and supportively. Trainers can dismiss disruptive participants without a refund. Full attendance and practicum participation are mandatory. Cooperation and openness to feedback are required; refusal may lead to removal without a refund. Trainers will give feedback on the basic protocol. Stay open to learning and instructions, as you have committed to this training.
- 7) **INFORMED CONSENT - PARTICIPATION IN LIVE PRACTICE of EMDR THERAPY & TRAUMA RELATED DIDACTIC or VIDEO MATERIAL:** Clinicians will engage in EMDR therapy practice in small groups, supervised by the instructor or a qualified facilitator. These sessions are intended for training purposes rather than personal therapy. Participants should be prepared to address real-life experiences to understand the client's perspective and provide effective training for others. Should any unexpected or disturbing memories surface, participants are advised to seek professional assistance as necessary. The training involves direct practice of EMDR therapy procedures in small groups under supervision. The live practice sessions occur daily and constitute a significant portion of the training.
 - a. Participants will assume roles as therapists, clients, and observers, working on disturbing real-life experiences suitable for training. The practice sessions are not role-playing exercises. It is expected that participants have acquired self-soothing and affect/arousal management skills and can utilize these skills during and after EMDR practice sessions. Participants are responsible for seeking appropriate professional help if needed. Provision of such assistance is not part of the training and will not be provided by the EMDR instructors. Practicum is not a substitute for personal therapy, and any concerns should be discussed with the training director before registering. Clinicians who choose to undertake personal EMDR work may consult lists of EMDR trained clinicians available from EMDRIA.
- 8) **INFORMED CONSENT - MEDICAL & PSYCHIATRIC CONDITIONS:** To avoid risks and disruptions, participants with certain conditions (heart issues, at-risk pregnancies, psychiatric disorders like dissociative disorders, acute PTSD, substance abuse or affective disorders) should get clearance from a medical or mental health provider before registering. Inform your trainer of any concerns

before registering. Failure to disclose significant medical or mental health issues may result in non-refundable dismissal.

- 9) **COPYRIGHTED MATERIALS:** Sidney McGillicky of Living Sky Counselling & Consulting Inc owns the rights to the printed and PDF course slides and other original materials. Participants can copy these materials for personal study and clinical practice only. Distribution requires written permission.
- 10) **RECORDING RESTRICTIONS:** To preserve the confidentiality of training materials, recording any part of the training, including lectures, practicums, or consultations, is prohibited in any format. Participants must agree to keep all discussed content confidential. All personal and clinical information shared must remain **confidential**. This restriction applies to consultation sessions, live training, and practicum experiences, and specifics may only be discussed within the immediate consultation group, with the participant's group consultant, practicum facilitator, and trainer.
- 11) **PHOTO RELEASE CONSENT:** I consent to the use of my photograph(s) by Carol Miles and Three Rivers Training Center for the purposes listed below. By selecting this option, I agree that Carol Miles and Three Rivers Training Center may use my image in photographs, videos, or other forms of media for the purposes of marketing via website and social media, without any compensation. If consenting please indicate by selecting the following: Yes___ or No___.
- 12) **CONSULTATION & TRAINING RESTRICTIONS:** This training is intended to prepare clinicians for using EMDR in clinical practice. It does not qualify participants to provide consultation in EMDR or to train others in EMDR as defined by EMDR International Association regulations. Training others in EMDR without meeting these standards is considered a violation of professional ethics.
- 13) **CONSULTATION PARTICIPATION:** This consultation helps EMDR therapists apply new skills. Present case material for group discussion without revealing client names or identifying details. Obtain client consent before discussing their cases. Note that EMDR case consultation does not replace supervision. Training includes consultation with an EMDRIA Approved Consultant but does not substitute for clinical practice supervision. The trainer and faculty are not legally responsible for your work with clients.
- 14) **ATTENDANCE & ABSENCES:** Attendance at all training sessions is mandatory for completion. If any part of the training is missed, it will not be possible to complete the program. Participants may apply their registration fee towards retaking a future training session, either virtually or in-person, subject to availability. A transfer to a future training session does not constitute a new registration. Please note that if you are unable to attend the next available training session, the tuition fee is non-refundable. In accordance with EMDRIA's standards, transfers must be completed within one year from the start date of the original training. It will be determined on a case-by-case basis whether you need to repeat previously completed portions or only those not yet completed. Refunds will not be provided to those who do not complete their training within the specified one-year timeframe. Special circumstances will be considered individually. For in person training sessions, the training will proceed except under the most extreme weather conditions. It is your responsibility to plan ahead and make suitable travel arrangements, including accommodation at nearby hotels, to ensure your attendance at the training.

- 15) After completing the EMDR Basic training it is strongly encouraged to follow the protocol as instructed. Incorporating EMDR Therapy with other modalities contaminates the standard protocol and is not considered to be EMDR Therapy. Only modifications based on empirical evidence are allowed upon completing adequate training and consultation. You have one year to finish the training according to EMDRIA guidelines. Failure to complete this basic training program restricts continued practice or advertise as an EMDR trained clinician.
- 16) **USE OF COPYRIGHTED MATERIALS:** The course slides, original materials, and training content provided by Sidney McGillicky of Living Sky Counselling & Consulting Inc are copyrighted. Training participants have limited permission to copy these materials for their own study and use in clinical practice. Participants agree not to distribute these materials or any copies, whether physical or digital, without written permission. Sharing course material with individuals not participating in Mr. McGillicky's EMDR Basic Training violates copyright and intellectual property rights.
- 17) **TUITION & REFUND POLICY:** The full tuition fee for this training is \$2,245.00 plus tax. Early bird pricing is \$1,995.00 plus tax that expires after October 1, 2026. The training fee may be paid either in full by check, cashier's check, money order, credit card, or e-transfer, or in two installments at a slightly higher rate, payable by credit card. Please refer to the registration form for detailed information on tuition. A non-refundable deposit of \$500 is required for all payments made for this training (included in full payments). Registration is non-refundable within seven days of the training start date. Requests to withdraw registration within seven days prior to the start date will allow participants the option to transfer to the next scheduled training, subject to calendar availability. Refunds are not available for those unable to complete their training within the specified time frame. Refunds can be requested up until 30 days before the first day of training. If a learner requests cancellation of enrollment, \$500 of the total tuition remains non-refundable. To avoid losing the deposit fee, attendees have the option to transfer to a different training session at no additional cost.
- b. Refunds and transfers are not permitted under any circumstances once the training has commenced. Full attendance is mandatory, and if an attendee misses more than 15 minutes per day, they will need to transfer to another training session and pay the full tuition fee again. Refunds and Basic EMDR training certificates will not be issued to participants who miss portions of the training. Attendees will forfeit 100% of the total registration fee for the training if they are unable to attend after the cancellation deadline. If attendees are on a payment plan, they remain responsible for the remaining balance. In the event of non-completion of their payment plan, their account will be forwarded to a collection agency.
 - c. If you register before verifying your eligibility according to EMDRIA requirements, refunds will incur a \$350.00 processing fee. Additionally, if you do not submit the necessary documents to confirm your eligibility by the cancellation deadline, you will not be entitled to a refund should you fail to qualify. Should attendees miss the training past the refund/cancellation period, they will forfeit 100% of their registration fee. Attendees on a payment plan will remain responsible for the full balance of their plan. Failure to complete the payment plan will result in their account being referred to a collection agency.

- 18) **CONDITIONS FOR DISMISSAL:** Refunds will not be issued in cases where participants are unable to ensure their computer or wifi functionality for training days, face interruptions from family or work, or opt not to complete the training. Additionally, refunds or transfer of funds will not be provided if participants violate policies, such as being disruptive or discriminatory during the training sessions, resulting in dismissal. The Basic Training Program enforces a zero-tolerance policy for unprofessional behavior, discrimination, harassment, or verbal abuse. Failure to comply with the above issues may potentially 1) place you at risk and/or 2) negatively impact you and/or other training participants and/or diminish your or others' overall benefit from the training. Training participants who are disruptive to the training will discuss the situation privately by the trainer and may be dismissed without refund if there is a recurrence.
- 19) **GRIEVANCES:** Any grievances or concerns regarding the course, safety, or participation should be directed to Sidney McGillicky, who will address them promptly and professionally. Please email livingskycounselling@gmail.com and you will receive a response within ten business days.
- 20) **QUIZZES AND EVALUATIONS:** The learning assessment mandated by The EMDR International Association consists of true/false and multiple-choice questions derived from the readings and lectures. The assessment is divided into two sections and must be completed, either in sections or in their entirety, by the final day of training. Access to the learning assessment exams will be granted on the Thinkific LMS after Part One and Part Two. Daily quizzes also will be conducted as a group at the end of each training day as a means of preparation. Training participants will have three opportunities to achieve an 80% passing grade and are able to use the textbook to answer questions. Access to the learning assessment exam scores will be located on the LMS system. Credit will be granted upon completion of the quizzes, irrespective of the score achieved. Evaluations are required to be completed anonymously.
- 21) **COMPLETION:** To receive a certificate of completion, participants are required to complete the entire training program, which includes attending lectures, actively participating in practice sessions, completing 10 hours of consultation, finishing all assigned readings, passing the quiz, and submitting a program evaluation. All training requirements must be fulfilled within one year from the start date. The course consists of **50 hours** in total: **20 hours** dedicated to **lectures**, **20 hours** allocated to **supervised practice**, and **10 hours** reserved for group case consultations. Upon successful completion, participants will receive documentation of their achievement, and their record will be added to the EMDRIA registry. Additionally, participants will earn 40 Continuing Education (CE) credits from an accredited CE provider. Refunds will not be issued if the participant fails to complete the training within the specified one-year period. Participants may not refer to themselves as EMDR therapists until all components of the training have been completed.
- 22) **PRIVACY POLICY FOR BASIC TRAINING PARTICIPANTS:** We collect personal and professional information necessary to facilitate your training and meet EMDRIA (EMDR International Association) requirements. This included registration data including your name, contact details, licensure information, and professional credentials. Financial data will be collected such as payment information is processed through secure, encrypted third-party gateways; we do not store full credit card details on our servers. Training progress that includes attendance records, practicum evaluations, and completion status of the 10 required consultation hours.

Due to the experiential nature of EMDR training, participants agree to the following strict confidentiality standards. All personal material shared by participants during practice dyads or triads

must remain strictly confidential and may not be discussed outside the training environment. Any case material presented during consultation must be de-identified to protect client anonymity in accordance with professional ethical standards. To ensure a safe environment, audio or video recording of any portion of the training, practicum, or consultation is strictly prohibited.

We do not sell your data. As an approved provider, we are required to share your name, license number, and completion status with EMDRIA to verify your eligibility for future certification. Trusted third parties (e.g., Learning Management Systems or email services) may process your data solely to deliver training materials. We may disclose information if required by law, such as in response to a valid subpoena or to protect the safety of individuals. We use industry-standard administrative and technical safeguards (e.g., SSL encryption) to protect your personal data. We retain training records indefinitely (or as required by EMDRIA) so that you may request copies of your completion certificates in the future.

Under 2026 data protection standards, you have the right to review or correct your personal information at any time via your participant portal, request a copy of your records in a structured, digital format. You may withdraw consent for marketing communications, though mandatory training-related data must be maintained to fulfill the training contract. For questions regarding this policy or to exercise your privacy rights, please contact **Living Sky Counselling & Consulting Inc.** through cell phone or email.

I, Sidney McGillicky, invite individuals who have faced oppression, discrimination, sexism, racism, ableism, or phobias related to gender and orientation, and would like to discuss the structure, content, or experience of this EMDR training, to contact me directly at livingskycounselling@gmail.com.

EMDR was developed within a dominant culture context and has been researched in that framework. While efforts are being made to include culturally competent and oriented components, it may not address all individual needs. Feedback is valued, and you are encouraged to discuss your perspective, content, or experiences by contacting livingskycounselling@gmail.com. If you encounter micro aggressions or anything that does not celebrate diversity, please contact Mr. McGillicky immediately.

By signing I hereby acknowledge that I have read and agree with the information contained within this EMDR Basic Training participant agreement.

Name: _____ Date: _____
Signature: _____ Training Dates: _____